

ADULT BACKGROUND QUESTIONNAIRE

FAMILY DATA

Name: \_\_\_\_\_ Today's date: \_\_\_\_\_

Address: \_\_\_\_\_ Apt. #: \_\_\_\_\_

\_\_\_\_\_ Zip Code: \_\_\_\_\_

School/Employment: \_\_\_\_\_ Birthday: \_\_\_\_\_

Home Phone #: \_\_\_\_\_ Work Phone #: \_\_\_\_\_ Cell Phone #: \_\_\_\_\_

Education/Occupation: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Occupation/Education: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Occupation/Education: \_\_\_\_\_

Marital Status of Parents: \_\_\_\_\_ Your marital status: \_\_\_\_\_

If parents are separated or divorced, how old were you when the separation occurred? \_\_\_\_\_

List all people living in your household:

NAME	RELATIONSHIP
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

List all of your brothers and sisters:

NAME	AGE	EDUCATION	OCCUPATION
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Primary language spoken in the home:  
\_\_\_\_\_

Other languages spoken in the home:  
\_\_\_\_\_

PRESENTING PROBLEM

Briefly describe your current difficulties: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How long has this problem been of concern to you? \_\_\_\_\_

When was the problem first noticed? \_\_\_\_\_

What seems to help the problem? \_\_\_\_\_

What seems to make the problem worse? \_\_\_\_\_

Have you received evaluation or treatment for the current problem or similar problems? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, when and with whom? \_\_\_\_\_

Are you on any medication at this time? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, what kind and on what schedule: \_\_\_\_\_

(PLEASE REMEMBER TO BRING MEDICATIONS WITH YOU IF YOU WILL NEED THEM DURING THE EVALUATION.)

EDUCATIONAL HISTORY

List schools attended:

NAME	LOCATION	GRADE
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Place a check next to any educational problems you exhibited:

- \_\_\_\_\_ Difficulty with reading
- \_\_\_\_\_ Difficulty with arithmetic
- \_\_\_\_\_ Difficulty with spelling
- \_\_\_\_\_ Difficulty with writing
- \_\_\_\_\_ Difficulty with other subjects (please specify) \_\_\_\_\_

Did you enjoy school? Yes \_\_\_\_\_ No \_\_\_\_\_

Were you in a special education class? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, what type of class? \_\_\_\_\_

Were you held back a grade? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, which grade and why? \_\_\_\_\_

Did you ever receive special tutoring or therapy in school? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please describe: \_\_\_\_\_

MEDICAL HISTORY

Place a check next to any illness or condition that you have had. When you check an item, also note the approximate date (or age) of the illness.

<u>ILLNESS</u> <u>OR CONDITION</u>	<u>DATE(S)</u> <u>OR AGE(S)</u>	<u>ILLNESS</u> <u>OR CONDITION</u>	<u>DATE(S)</u> <u>OR AGE(S)</u>
_____ MEASLES	_____	_____ DIZZINESS	_____
_____ GERMAN MEASLES	_____	_____ FREQUENT OR SEVERE HEADACHES	_____
_____ MUMPS	_____	_____ BACK PAIN	_____
_____ CHICKEN POX	_____	_____ MEMORY PROBLEMS	_____
_____ MENINGITIS	_____	_____ EXTREME TIREDNESS, WEAKNESS	_____
_____ ENCEPHALITIS	_____	_____ OR FATIGUE	_____
_____ FEVER OF UNKNOWN ORIGIN	_____	_____ RHEUMATIC FEVER	_____
_____ CONVULSIONS	_____	_____ EPILEPSY	_____
_____ ALLERGIES	_____	_____ TUBERCULOSIS	_____
(ALLERGIES TO WHAT?) _____	_____	_____ BONE OR JOINT DISEASE	_____
_____ INJURIES TO HEAD	_____	_____ ANEMIA	_____
_____ LOSS OF CONSCIOUSNESS	_____	_____ JAUNDICE/HEPATITIS	_____
_____ BROKEN BONES	_____	_____ DIABETES	_____
(WHICH BONES?) _____	_____	_____ CANCER	_____
_____ HOSPITALIZATIONS	_____	(WHAT TYPE?) _____	_____
(FOR WHAT REASON?) _____	_____	_____ HIGH BLOOD PRESSURE	_____
_____ ASTHMA	_____	_____ HEART DISEASE	_____
		_____ ASTHMA	_____

MEDICAL HISTORY (CONTINUED)

Place a check next to any illness or condition that you have had. When you check an item, also note the approximate date (or age) of the illness.

ILLNESS <u>OR CONDITION</u>	DATE(S) <u>OR AGE(S)</u>	ILLNESS <u>OR CONDITION</u>	DATE(S) <u>OR AGE(S)</u>
_____ SURGERIES _____ (WHAT KIND?) _____ _____		_____ BLEEDING PROBLEMS _____	
_____ EAR PROBLEMS _____		_____ ECZEMA OR HIVES _____	
_____ VISUAL PROBLEMS _____		_____ DEPRESSION _____	
_____ FAINTING SPELLS _____		_____ SUICIDE ATTEMPTS _____	
_____ PARALYSIS _____		_____ DIFFICULTY CONCENTRATING _____	
_____ MIGRAINES _____		_____ STOMACH PROBLEMS _____	
		_____ OBESITY _____	
		_____ OTHER _____	
		(SPECIFY) _____	

DEVELOPMENTAL HISTORY

During pregnancy, did your mother take any medications? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, what kind? \_\_\_\_\_

Were there any complications related to your birth? (examples: long labor, forceps delivery, emergency Caesarian, etc.) \_\_\_\_\_

Were you premature? Yes \_\_\_\_\_ No \_\_\_\_\_ If so, by how much? \_\_\_\_\_

What was your approximate birth weight? \_\_\_\_\_

Were there any medical problems during your early infancy? \_\_\_\_\_

Were there any problems in your early development? (examples: walked late, delayed speech, failure to thrive, etc.) \_\_\_\_\_

SOCIAL AND BEHAVIOR CHECKLIST

Place a check by any behavior or problem you currently exhibit or have had in the past:

	(Check)	Age(s) when first exhibited
Difficulty with speech	_____	_____
Difficulty with hearing	_____	_____
Difficulty with understanding language	_____	_____
Difficulty with language expression	_____	_____
Difficulty with vision	_____	_____

SOCIAL AND BEHAVIOR CHECKLIST (CONTINUED)

Place a check by any behavior or problem you currently exhibit or have had in the past:

	(Check)	Age(s) when first exhibited
Difficulty with coordination	_____	_____
Prefer to be alone	_____	_____
Do not get along well with family	_____	_____
Do not get along well with coworkers/peers	_____	_____
Aggressiveness	_____	_____
Shyness or timidity	_____	_____
Are more interested in things (objects) than in people	_____	_____
Engage in behavior that could be dangerous to self or others (describe:) _____	_____	_____
Special fears, habits, or mannerisms (describe:) _____	_____	_____
Excessive worrying (describe:) _____	_____	_____
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Nailbiting	_____	_____
Too fearful or anxious	_____	_____
Quick temper	_____	_____
Frequent nightmares	_____	_____
Difficulty sleeping (describe:) _____	_____	_____
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Difficulty concentrating	_____	_____
Difficulty completing tasks	_____	_____
Poorly organized	_____	_____
Poor eating habits	_____	_____
Stubbornness	_____	_____
Frequently sad or unhappy	_____	_____
Excessively active	_____	_____
Clumsiness	_____	_____
Blank spells (or "Black Outs")	_____	_____
Impulsivity	_____	_____
Sudden changes in mood or feeling	_____	_____
Slowness to learn	_____	_____
Giving up easily	_____	_____
Other (describe:) _____	_____	_____

FAMILY MEDICAL HISTORY

Place a check next to any illness or condition that any member of your immediate family has had. When you check an item, please note the member's relationship to you:

CHECK	CONDITION	RELATIONSHIP TO YOU
_____	ALCOHOLISM	_____
_____	CANCER	_____
_____	DIABETES	_____
_____	HEART TROUBLE	_____
_____	LEARNING PROBLEMS	_____
_____	NERVOUS OR PSYCHOLOGICAL PROBLEMS	_____
_____	DEPRESSION	_____
_____	SUICIDE ATTEMPT	_____
_____	OTHER (DESCRIBE:)	_____

OTHER INFORMATION

What are your favorite activities? \_\_\_\_\_

What activities would you like to engage in more often than you do at present? \_\_\_\_\_

What activities do you like least? \_\_\_\_\_

Have you ever been in trouble with the law? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please describe briefly: \_\_\_\_\_

Have you ever sought help from a mental health professional? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please give details: \_\_\_\_\_

Do you drink alcohol? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, how much? \_\_\_\_\_ How often? \_\_\_\_\_

What kind? \_\_\_\_\_

Do you smoke cigarettes? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, how much? \_\_\_\_\_

Do you use any recreational substances? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, how much? \_\_\_\_\_

How often? \_\_\_\_\_ What kind? \_\_\_\_\_

What are your strengths and assets? \_\_\_\_\_

\_\_\_\_\_

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Is there any other information that you think may help me in working with you? \_\_\_\_\_

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Please attach copies of relevant medical, psychological, or educational reports. Thank you.